

Grand Mesa Middle School



December 2016

Jennifer Marsh, Principal | Scott Moore, AP | Jason Eidinger, AP | Jackie Walters, Secretary | Phyllis Taylor, Secretary

Important Dates

6th grade – 8th grade Holiday Choir Concert

December 1, 2016 7:00pm
@ CHS Auditorium

Holiday Orchestra Concert 6th – 8th grade

December 6, 2016
7:00pm @ GMMS GYM

6th – 8th grade Jazz Band & Concert Band Holiday Concert

December 8, 2016
7:00pm @ GMMS GYM

Boys Basketball

December 13, 2016 3:45pm
7th & 8th grade
@ Caprock Academy

Boys Basketball

December 15, 2016
7th & 8th grade
@ Plateau Valley MS

Winter Break – No School

December 19-
January 3, 2017

Boys Basketball

January 10, 2017 3:45pm
7th grade @ GMMS
8th grade @ BMS

A Message From Principal Jennifer Marsh

Dear GMMS Families,

The holiday season is upon us, and our students are continuing to learn and grow as we make our way towards winter break. It has been a pleasure working with your students. They continue to inspire me with their energy, imagination, and wonderment. Being in classrooms with teachers who promote meaningful conversations, higher-level thinking, active engagement and real world connections with our students is so rewarding. This year is flying by. The GMMS Student Council is busy planning our end of quarter celebration on December 16th and I know it will be one of the best celebrations yet! A reminder that our Winter Break is from Dec. 19th – Jan 3rd, with classes resuming Wednesday Jan 4th.

Thank you to all of those who participated in the GMMS fundraiser. This year was a success. The money raised will be used to support our students and staff with needed materials, such as technology, software and incentives.

We are approaching that time of year when colds, flu and other viruses are at their peak. Headache, sore throat, cough, vomiting, diarrhea, and aches are some of the symptoms. A child who has any of these symptoms and has a FEVER should not come to school. Your child can't learn well when he/she is ill and other students and the staff are at risk for also becoming ill. So please keep your child home until your child is feeling better and is fever free for 24 hours without fever medicine. Call the school so they know the reason your child is absent.

The month of November was an emotional one with the loss of our own Timberwolf, Caden Randolph. On behalf of the GMMS staff and students I would like to thank everyone who offered their support and encouragement during this sad time. All of us at GMMS are so lucky to work with great families, friends, and such a supportive community!

I wish you all a safe and cheerful Winter Break.

Best,

Jennifer Marsh

HOLIDAY BAND CONCERTS

Attention Band Parents and Guardians,

The Jazz Band concert will be moved to the same night at the Holiday Concert Band concert night. This night is Thursday, December 8th. The concert will begin at 7pm in the Grand Mesa Gym. It will feature all students that participate in band so please make sure they are dressed in concert attire. They are more than welcome to wear a Santa hat if they would like to, as long as it does not block the view of students sitting behind them.

Other dates: 8th Grade concert band has been invited to march in the Parade of Lights on December 3rd with the Central High School Marching Warriors. This is not a mandatory activity, but will be a great chance for students to connect with future peers. Rehearsal/dinner/movie night at CHS will be December 2nd after school until 7pm.

GMMS HAS GONE BOX TOP CRAZY!!!

EARN CASH FOR GRAND MESA

#1 -Clip Box Tops for Education

Coupons

All you have to do is cut the little pink and white box with the Box Tops for Education logo out of various grocery items and turn them into the school office. Each box top is worth 10 cents with the exception of Super Box Tops and Bonus Box Tops which are worth more. Twice a year, the Box Top Coordinator for your school will mail all the coupons collected to General Mills who will then mail Grand Mesa Middle School a check. It's that simple! So please, start cutting out those little coupons and turn them in.

The school greatly appreciates it! Can you imagine how many box tops we can collect if the whole school participates? Every little bit helps!

***Please be careful not to cut off the expiration dates.



Our school collects Box Tops for Education. Every Box Top that you turn in enables the school to earn cash for our school, which can be used to help purchase educational materials and other student activities!

**Drop off your box tops in the front office collection box.
Thank you!!!**



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NEW CLUB AT GMMS – GIRL STRONG

A New Club for GMMS Girls

Girls need opportunities to support and encourage one another! Join this group that will focus on physical, emotional, and social well-being. Together we will become stronger and use our collective power to change our school, our community, and our world.



We will have a different focus each week: healthy food, healthy lifestyle, healthy relationships, healthy mind. Occasionally, guest speakers will join us to share their passions and expertise.

Meetings begin November 3rd
Every Thursday from 2:45-3:30 in the GMMS Library
FUN ACTIVITIES!
SNACKS!
NEW FRIENDS!



2016 DODGE THE HUNGER

On November 4th, Kids were helping Kids as Grand Mesa Middle School hosted the seventh annual “Dodge the Hunger” Dodge ball tournament. This year Physical Education teachers from around the district pooled their time, talents and efforts to raise over \$4600 which all went to Kids Aid (the back pack program). Participating schools were Grand Mesa, Redlands, Fruita, Bookcliff, East and West Middle Schools. Physical Education teachers from these schools had a Dodge Ball event at their schools, and the winning team from each school came to Grand Mesa for the Championship games. West Middle School won the tournament and Redlands Middle School raised \$1,310 to capture the distinction of top money raising school two years in a row. A big thank you goes to our sponsor Grand Junction Therapies for providing the championship apparel. All the parents who attended and contributed financial donations are greatly appreciated and were a huge part of our success. We look forward to next year’s event as we intend to expand to the high schools to see who has the best Dodge ball team not only in middle school but high school as well. To learn more about Kids Aid or to make a donation visit their web page at: <http://kidsaidcolorado.org/>

GMMS YEARBOOK

Parents

Just a reminder that now is a great time to purchase a yearbook for your student. Yearbooks are \$25 until Christmas, then the price goes up to \$28 after the new year. We only order a limited amount, and we usually sell out before the last day of school. Order yours through the main office and thanks!

NOW ACCEPTING NEW PATIENTS!

- Sports Physical Special: \$25! No appointment necessary. You do not have to be a current patient.
- General Health
- Prevention & Wellness
- Work/School/Travel Exam
- Acute Illness and Treatment
- Chronic Disease Management
- Medication Management
- Specialist Referrals



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FLU F.A.C.T.S

If you have these symptoms you may have the flu.

- F. FEVER *If you have a fever stay home for at least 24 hours after the fever has broken.
 - A. ACHES *Over the counter medications like Ibuprofen or acetaminophen NO ASPIRIN
 - C. CHILLS * Drink plenty of fluids
 - T. TIREDNESS *Stay home from school/ work
 - S. SUDDEN ONSET *Call your health care provider.
- * Most prescription Influenza medications need to be administered within 48 hours of symptom on set.



PREVENTION

1. Try to avoid sick people.
2. Wash your hand often.
3. Avoid touching your eyes, nose and mouth. Germs spread this way.
4. Get vaccinated.
5. People infected with the flu may be able to infect others 1 day BEFORE and 5-7 days AFTER symptoms develop.
6. Stay home from school/work for 24 hours after the fever has gone (without medication).
7. Cover your nose and your mouth with a tissue when you cough. Afterwards throw the tissue away.
8. Wash all washable surfaces with disinfectant.

GEOGRAPHY BEE

Geography Bee practice will be held after school every Tuesday until the competition in January 2017. Contact Annie Olson with any questions.

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